

# Cradle-Hall Nursery



## *Parents Information*



[www.cradlehallnursery.com](http://www.cradlehallnursery.com)

Telephone: 01463 794445

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## Introduction

Welcome to Cradle–Hall Nursery. The nursery has been established since 1995 and provides quality care and education for children aged 6 weeks to 5 years in a relaxed, caring environment by experienced, qualified nursery staff.

## Location

The nursery is conveniently situated in the Cradlehall area of Inverness, only a few minutes drive from the city centre. A main bus route stops right outside and there are ample car parking spaces available at the front of the nursery.

## Opening Hours

Monday to Friday: 8am to 6pm

Morning Session: 8am to 1pm

Afternoon Session: 1pm to 6pm

The Nursery opens 52 weeks per year and only closes on the following days:

25<sup>th</sup> and 26<sup>th</sup> December

1<sup>st</sup> January, 2<sup>nd</sup> January

(or the elected public holidays should the above dates fall on a weekend)



**care**

inspectorate

## Care Inspectorate

Cradle–Hall Nursery is registered with the Care Inspectorate (formerly the Care Commission) who are the registration and inspection body for all care services in Scotland.

The nursery is inspected by the Care Inspectorate on an annual basis (usually unannounced) to ensure the high standards of childcare laid down in the National Care Standards are being met. Cradle–Hall Nursery's inspection reports are of a consistently high standard.



## **Staff**

Our staff are committed to providing the highest standards of professional childcare. Before beginning employment at Cradle–Hall Nursery, all staff are thoroughly vetted in accordance with Care Inspectorate Requirements.

At Cradle–Hall Nursery, we understand the importance and benefits of staff training, particularly for high priority courses such as First Aid and Child Protection.

We pride ourselves in keeping our staff long term and many are mothers or grandmothers themselves.

## **Baby Room**

The Baby Room at Cradle–Hall Nursery provides warmth, fun and security for children under 2 years old. The babies are encouraged to freely explore and enjoy their play activities in a safe, relaxed environment, which helps them to develop their confidence, independence and learning.

Your child's keyworker recognises the importance of continuity of care between nursery and home; therefore they will ensure your child's familiar routine is maintained.



## **Toddler Room** (Approx. 2 to 3 Years)

Our nursery staff provide the quality experiences your child needs at this stage as they begin to assert their independence and individuality. Learning to socialise, share and make friends is all part of the day in the Toddler Room. The nursery staff will support your child through toilet training and developing independence at meal times in a secure, loving environment.



## **Junior Room** (Approx. 3 to 5 Years)

In the Junior Room your child will have the opportunity to experience a range of activities which meet all areas of the Curriculum for Excellence. Your child will be introduced to early reading, writing, maths and science skills. These activities are delivered in a fun, relaxed manner allowing all children to learn naturally through play. Each child is encouraged to learn at their own pace within their own capabilities.



## **Highland Council Education Department**

Cradle-Hall Nursery works in partnership with Highland Council Education Department to provide the pre-school curriculum for children aged 3 to 5 years. Our Principle Teacher from the Education Department visits the nursery regularly to offer support to the nursery staff and children.

## **Pre-School Funding**

Funding is available towards your child's pre-school education from the Highland Council. The funding is available to all children after their 3<sup>rd</sup> birthday and is not means tested. Your child will become eligible for this funding from the school term following their 3<sup>rd</sup> birthday in August, January or April. Currently the pre-school funding amount is in the region of £1,600 per year if your child attends nursery for the maximum 5 sessions per week. If your child attends less than 5 sessions per week, this amount will be calculated proportionately.






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## Healthy Eating

Cradle–Hall Nursery has gained a reputation for providing a high standard of healthy meals using quality ingredients. Your child will receive a morning and afternoon snack, and a two course lunch which is prepared by our cook using fresh ingredients on a daily basis. In–season fruit and vegetables are used whenever possible. Vegetarian options and pureed baby food are available daily. Dietary requirements are catered for. Please see our sample menu below:

	 Morning Snack	 Lunch	 Afternoon Snack
Monday	Wholemeal Toast with Banana	Pasta Carbonara with Garlic Bread Pear and Apple	Homemade Biscuits with Plums
Tuesday	Oatcakes with Cheese Peaches	Chicken & Tomato Couscous with Green Beans Homemade Pear Crumble	Pancakes with Jam Apples
Wednesday	Croissants Raisins	Vegetable Soup with Homemade Cheese Scones Yoghurts	Toasted Crumpets Fresh Fruit Salad
Thursday	Grapes and Satsuma's	Homemade Fish Cakes with Carrots Pineapples and Plums	Breadsticks, Carrots and Cucumber with Dips
Friday	Homemade Flapjacks Pears	Sausage Casserole with Potatoes & Sweetcorn Fresh Fruit Salad	Wholemeal Toast with Cheese Pineapple

## Garden and Outdoor Play Area

Our safe, secure gardens offer a variety of experiences for all age groups of children. The all–weather safety surfacing allows the opportunity for your child to use the garden everyday. The garden is fully enclosed providing a safe area for everyone to enjoy the fresh air and exercise. The children enjoy daily exercise both indoors and out. The children also assist the nursery staff looking after the plants in the garden, especially the vegetables in the vegetable plot and everyone enjoys feeding the birds and learning about insects. The children also have the opportunity to go for walks in the local area.



## Enrolment

You may wish to visit the nursery to see our facilities and meet the staff before completing the enrolment process. A deposit of £75 (full time) or £50 (part time) is required to reserve a place at Cradle–Hall Nursery. This amount will be deducted from your first month's invoice.

Upon receipt of the enrolment form and deposit, the Nursery Manager will confirm your nursery place in writing. We accept payment by Direct Debit, Employers Childcare Vouchers, Debit or Credit Cards, Cheque or Cash.

You may be able to apply for Tax Credits to help with your childcare costs. To find out if you are eligible contact:

- **Tax Credit Helpline on 0345 300 3900** or visit
- **[www.taxcredits.inlandrevenue.gov.uk](http://www.taxcredits.inlandrevenue.gov.uk)**

Childcare Vouchers are currently tax and NI exempt, generating valuable savings for parents and employers. For more information visit:

- **[www.hmrc.gov.uk/childcare](http://www.hmrc.gov.uk/childcare)**

## Contact Us

I hope this handbook has been helpful and informative. If you would like further information, have any queries or wish to discuss any aspect of your child commencing nursery please feel welcome to contact me or why not visit – no appointment necessary.

Contact: **Karen Peebles**  
**Nursery Manager**  
Address: **1 Cradlehall Court, Inverness, IV2 5WD**  
Telephone: **01463 794445**  
E-mail: **[info@cradlehallnursery.com](mailto:info@cradlehallnursery.com)**  
Website: **[www.cradlehallnursery.com](http://www.cradlehallnursery.com)**

## How to find us:

**From the North or East:** Take the A9 south for Perth, turn left off the dual carriageway at the first junction signposted for Culloden. Turn right at the traffic lights, straight ahead at the next set of lights, continue up the hill and turn left at the next set of lights onto Caulfield Road. Cradle–Hall Nursery is situated in a small business/retail complex on Caulfield Road.

**From the City:** Take Old Perth Road to Raigmore Hospital, continue along Old Perth Road to Inshes Roundabout, take the second exit on the roundabout and go straight ahead at the next 3 sets of traffic lights. Continue up the hill and turn left at the fourth set of lights onto Caulfield Road. Cradle–Hall Nursery is situated in a small business/retail complex on Caulfield Road.







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**1 Cradlehall Court,**  
**Inverness, IV2 5WD**

